



NEWSLETTER

CIH^{LMU} CENTER FOR INTERNATIONAL HEALTH



Cohorts 2016 & 2017 Master International Occupational Safety and Health

*International Occupational Safety and Health -
Onsite courses 2017*

*Congratulations to the promotion 2017
Master International Occupational Safety and
Health*

PhD Supervisor visit to Sierra Leone

*Symposium on health-related sustainable
development goals: Should the changing
environment concern us*

*The triple burden of diseases: Emerging
challenges and their prospects for developing
countries*

*1° Simposio Internacional de Investigación en
Salud y Seguridad en el Trabajo*

*Update Symposium Humanitäre Hilfe und
Entwicklungszusammenarbeit 2017*

PhD Graduates 2017



is funded by



with financial support from



International Occupational Safety and Health Onsite courses 2017 in Bogota, Colombia



1: Master students learning about Occupational Health

2: Students working on PBL cases
Fotos by Catalina Diaz

The new students of the 2017 cohort of the Master of International Occupational Safety and Health have begun their studies. From May 8-19th, thirteen experts (including medical doctors, engineers and occupational health professionals) from 6 different Latin American countries began their first onsite course in Bogotá, Colombia. During these two intensive weeks, they learned about the Occupational Safety and Health Systems in different countries and developed a study protocol for their investigation project.

Meanwhile, the 2016 cohort joined their second onsite course of the program with a focus on biostatistics. The students learned how to analyze their collected data and the best methods to present the results.

The main objective of this Masters program is to train professionals in the field of Occupational Safety and Health (OSH), with a focus on project-based learning, in order to ensure maximum flexibility and efficiency.

For more information about the program please visit our website www.osh-munich.de.

Congratulation to the Promotion 2017 Master International Occupational Safety and Health

Nury Karina Cabal Alvarez
Magda Lorena Camarg
Ismael N. Cruz Timara
Bernarda Espinoza Castro
Tatiana Hermida Gutierrez
Paulina Herrera Reyna
Mario A. Luna Guerra

Yolanda Manrique Morales
Daniela Mondoñedo Acevedo
Karla Pando Bacuilima
Juan Pablo Piedra González
E. Patricio Rosero Sánchez
Wilmer J. Sánchez Gómez

The 4th graduation ceremony of Master International Occupational Safety and Health was held on May 13th, 2017 in Bogotá, Colombia with 13 students graduating.

We are proud of our graduates and wish them all the best for the next phase of their careers, by implementing the acquired knowledge.



Graduation 2017
Foto by Diana Hernandez

PhD Supervisor visit to Sierra Leone

Dr. Günter Fröschl, PhD candidate Jia Kangbai

Mr. Jia Kangbai is a public health lecturer from Sierra Leone. He has applied successfully for the PhD Program Medical Research – International Health at CIH^{LMU} Munich, with a project on outcome of Ebola patients during the Ebola outbreak in 2014/15 in Sierra Leone. He started his PhD in October 2016. The visit of one member of the supervisory committee to the research location is being supported by CIH^{LMU}, in this case it was scheduled for Dr. Fröschl from May 10-17th, 2017.

During the visit, Dr. Fröschl was able to meet the Chief Medical Officer, Dr. Kabo, at the Ministry of Health, receiving support for the joint research project. In addition, both sites where data was collected on Ebola patients in 2014/15, which are used for this project now, could be visited. One is the Kenema Government Hospital, some 300 km away from the capital, and the other is the military facility number 34 in Freetown, the capital of Sierra Leone. In both sites, responsible and surviving staff were met and interviewed. The dataset of the research project covers about 1400 patients, a large part of them did not survive the infection. In addition, many staff members of the facilities succumbed to nosocomial infections. The trauma from this event is still vivid in the staff members that were met.

The facility in Kenema district is still in place, although in the beginnings of decay, and being used for suspect cases of hemorrhagic fevers. Before Ebola, Lassa fever, another viral hemorrhagic fever, was already known to the place, and keeps on producing cases every now and then. “We have lost many of our colleagues, some of them very brave, that sacrificed themselves, although we didn’t know what Ebola was in the beginning”, explains M.K., an Infection Prevention and Control staff at that time.

Dr. Fröschl and Jia Kangbai were able to now enter High Risk Areas of the former Ebola Treatment Unit, to get an impression of what it must have felt like to be a patient back then. In the beginning, patients were kept in the regular wards, but when more and more patients, and staff, became sick, the hospital was closed down for other pathologies, leaving the population without adequate health care for common illnesses. “It has to be assumed, that probably more patients died of infections other than Ebola but which resembled it back then”, says Dr. Fröschl, an infectious disease specialist, who has worked himself in an Ebola treatment facility in Liberia in 2014/15. However, life keeps on moving forward in Sierra Leone, a lively and agreeable place. Nevertheless, people have to keep in mind what Ebola looks like, and that it may return any moment, as it remains in the reservoir population in Sierra Leone: bats.



1: Commemoration column for hospital staff in Kenema.
2: The facility in Kenema district
Fotos by Dr. Fröschl

Symposium on Health-Related Sustainable Development Goals: Should the Changing Environment Concern Us

This symposium was prepared and coordinated by the students in the Medical Research – International Health PhD program at the CIH^{LMU}.

It aimed to share and discuss a selected health-related Sustainable Development Goals in the changing environment with the international speakers and the 63 participants in attendance. There were 2 parts to the symposium that involved speakers and breakout groups.

For more information, please visit the website [here](#).



1: Prof. Dr. Damen Haile-Mariam presenting about “Resilient Health Systems in the changing climate in Sub-Saharan Africa”
2: Participants of the Symposia
Fotos by Andrea Kinigadner

The Triple Burden of Diseases: Emerging Challenges and their Prospects for Developing Countries

The symposium covered topics related to infectious diseases, chronic non communicable diseases (NCDs) and trauma - one of the approached to define the Triple Burden of Diseases (TBD). The speakers addressed both infectious diseases and NCDs (cardiovascular diseases, mental disorders, cervical cancer, pneumonia), trauma (road traffic injuries) and risk factors (unhealthy diet, alcohol, drugs, HPV and indoor air pollution) for the TBD to the 46 participants of this symposium.

There were a number of other interesting talks related to a variety of topics such as mental health, screening programs, early nutrition and more, as well as a panel discussion with the speakers.

For more information, please visit the website [here](#).



1: Participants of the Symposia
2: Panel discussion with experts
Fotos by Andrea Kinigadner

1° Simposio Internacional de Investigación en Salud y Seguridad en el Trabajo



The symposium took place in Bogotá, Colombia on May 13th, 2017. It was organized by the Master program International Occupational Safety and Health of the Ludwig-Maximilians Universität Munich in collaboration with nursing faculty of the Universidad Nacional de Colombia. More than 70 students, teachers, and researchers in the field of occupational health were in attendance.

The aim was to share and discuss study results from the different research projects conducted by the students and teachers of both universities.

1: Logo Universidad Nacional
2: Student presenting his results
Foto by Catalina Diaz

Update Symposium Humanitäre Hilfe und Entwicklungszusammenarbeit 2017

For the second time, CIH^{LMU} and the association Forum for International Health (foring) have jointly conducted the Update Symposium on Humanitarian Aid and Development Cooperation. The event took place on April 29th, 2017 at LMU Munich.

The program was compiled to address needs of potentially outgoing health care staff in projects in low- and middle-income countries, but was also of interest for policy makers, life science students, and the interested general public. More than 100 participants were registered. The speakers from non-governmental organizations, such as Doctors of the World or Doctors without Borders, but also representatives from the governmental organization GIZ, among others, were covering topics ranging from current pediatric and obstetric treatment guidelines, across an introduction on running a cholera camp to sexual and reproductive health. In addition, the participants had a chance to learn more about specific topics by visiting one of the 12 expositions stalls set up by different organizations.

The event was declared a success both by participants and representatives. The evaluation of contents and format revealed a high degree of satisfaction in participants. The organizers are happy to announce already the next Update Symposium for 2018, which will take place on Saturday, April 21st, 2018.

More information www.foring.org and www.cih.lmu.de.

To view the presentations from the symposium, please visit the [website](#).



Participants engaging at the exposition
Fotos by Dr. Fröschl

Congratulations to the 4 students who successfully defended their thesis and received PhDs at the beginning of April, 2017.



Pascal Atanga

Retention-in-Care, Adherence and Treatment outcomes in a cohort of HIV-positive pregnant and breastfeeding women enrolled in a pilot project implementing "Option B+" in Cameroon

Ekpereonne Esu

The effectiveness of intermittent screening and treatment with artemether-lumefantrine for malaria prevention in pregnancy in South East Nigeria



Uzochukwu Egere

Contact tracing and Isoniazid prophylaxis for prevention of childhood tuberculosis in Gambia: an analysis of the challenges and opportunities

Nyanda Ntinginya

Evaluation of potential surrogate markers to determine TB treatment response among TB patients in Mbeya, Tanzania





Gloria Ivy Mensah

Accra, Ghana
Noguchi Memorial Institute for
Medical Research



I graduated from the PhD Medical Research-International Health in 2014 and am currently working as a Research Fellow of Bacteriology.

My topic was “Biomarkers for TB treatment response and cure; immunological profiles of individuals infected with *Mycobacterium tuberculosis* complex in Ghana”.

The opportunity to be taught by experts in the various fields was truly awesome. I remain most grateful to my direct LMU supervisor, Dr. Christoff Gelmacher, for his excellent direction.

The nature of the program fosters close interaction amongst the students (this is very unique!). This creates a good atmosphere for sharing ideas and cultures and establishing future collaboration with fellow students after the program.

Wow, I fell in love with the serene and classy Munich. I have many memories of Munich and have promised my family that we will visit sometime in the future so I can show them my favorite sites and sounds of Munich.

Bernarda Espinoza Castro

Ecuador
LMU^{CIH}



I graduated in 2017 from the Master of OSH program. I'm currently applying for the PhD program.

The topic of my project during the masters program was “Working below skill level as risk factor for distress among Latin American migrants living in Germany-cross-sectional study”.

I learned many international communication techniques, bioethics, and occupational safety and health concepts while in the program. The greatest knowledge I gained was to write, analyze and develop a research project. In addition, as an international program, it emphasized the importance of tolerance between different cultures and opinions, and how to communicate in an international environment.

I chose Germany to study in because of the security, respect for people, order, and cleanliness and continue to live here today. I have been able to learn a lot about German culture that I can take back and use when I return to my home country, Ecuador.

UPCOMING EVENTS



October 4th – December 22nd, 2017
Diploma in Tropical Medicine & International Health
(DTMIH)
Munich, Germany

The Department of Infectious Diseases and Tropical Medicine of the Medical Centre of the University of Munich and the CIH^{LMU} Center for International Health proudly announce the start of the Diploma in Tropical Medicine and International Health (DTMIH).

This is a three-month, full-time course in tropical medicine and international health designed for health professionals. The course will include content related to international health problems and responses, laboratory practice, epidemiology and statistics, along with health systems, management and communication.

Registration is open **June 1st – August 30th, 2017**.

There is an early bird registration offer with a reduced fee of €4500 for registrations before **July 15, 2017**.

For more information, visit the DTMIH [webpage](#).

Organized by:

CIH^{LMU} Center for International Health

August 28th – September 1st, 2017
Teaching Interventions Crossing Borders Summer School
Munich, Germany

This year, the CIH Summer School "Teaching Interventions Crossing Borders" will welcome 22 participants from 14 different countries to train on development and application of teaching intervention methods in medicine. While half of them will cross the Pacific Ocean to attend the Summer School –from Argentina, Brazil, Ecuador, Chile, Colombia, Mexico and Peru- the other half will be coming from the African continent –Cameroon, Ethiopia, Morocco and Mozambique- as well as from Asia –India, Indonesia and Philippines. The participating physicians and other health specialists, either already working or being trained, will take part in an active participatory learning process together with health and other related experts and tutors.

Organized by:

CIH^{LMU} Center for International Health



UPCOMING EVENTS



October 27-28th, 2017

Global Mental Health Symposium - Mental Health in Developing Countries Munich, Germany

The International Network for Cooperation in Mental Health (i.nez), the Global Mental Health Group from the Department of Psychiatry and Psychotherapy of the Ludwig-Maximilians Universität München and the Center for International Health CIH^{LMU}, are organizing the 9th International Symposium on “Global Mental Health - Mental Health in Developing Countries”. The symposium is open to all health professionals, medical anthropologists and students interested in the topic.

If you are interested in submitting a poster, please submit by **September 15th, 2017**
Registration for the symposium is open until **September 30th, 2017**.

To register or ask questions regarding the symposium, please email EviMaria.Lehmann@med.uni-muenchen.de or visit the CIH^{LMU} [website](#).

Organized by:

CIH^{LMU} Center for International Health

In Collaboration with:

i.Nez International Network for Cooperation in Mental Health
AGEM Arbeitsgemeinschaft Ethnomedizin e.V.



PUBLICATIONS

There were a number of articles published and press articles released about members of the Center for International health CIH^{LMU}.

Below, you can find links to these articles and publications to read further.

Articles from Süddeutsche Zeitung

- Prof. Dr. med. Michael Hölscher [here](#)
- Prof. Dr. Katja Radon, MSc [here](#)
- Prof. Dr. med. Matthias Siebeck [here](#)
- PhD Alumnus Nyanda Elias Ntinginya [here](#)

Journal publications

- Tialhun Abdeta et al. in BMC Psychiatry found [here](#)



Find us on
Facebook

Don't forget to like us on Facebook to stay up-to-date with all of the activities and events happening at CIH^{LMU}