

## General information

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Venue: Lecture hall  
Chirurgische Klinik u. Poliklinik  
Innenstadt, LMU Munich  
Nußbaumstraße 20  
80336 Munich

Date: Saturday, December 4<sup>th</sup> 2010  
9.00 a.m. - 5.00 p.m.

Information: Ms. Kottinger  
Tel.: 089/4562-3228

Registration is required:  
email: inezev@yahoo.com  
Fax: 089/4562-3201  
or by mail to Dr. Wolfgang Krahl  
Klinikum München Ost  
Ringstraße 60  
85540 Haar

No fees will be charged

# 2<sup>nd</sup> International Symposium Mental Health in Developing Countries

8 CME  
Punkte gesamt

## Program

**i.nez**

Internationales Netzwerk  
zur Entwicklungszusammenarbeit  
im Bereich psychische Gesundheit e.V.

International Network for Cooperation  
in Mental Health



December 4<sup>th</sup> 2010

Chirurgische Klinik u. Poliklinik  
Innenstadt, LMU München



## Program

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Dear colleagues,

On its 10th Anniversary i.nez - International Network for Co-operation in Mental Health (registered association) has organized together with Professor M. Siebeck, Centre for International Health and Professor N. Müller, Psychiatric Hospital of the LMU, an International Symposium on: „Mental Health in Developing Countries“ The Symposium is open to all staff and students interested in health in developing countries.

Since a long time „Mental Health“ has been the Cinderella of health care, whether in OECD countries or in developing countries. Attempts to introduce „Mental Health“ on the agenda for a global public health are in its infancy.

Over half a billion of the world's population is suffering from neuropsychiatric disorders or from alcohol or drug dependence, the vast majority of patients is living in developing countries. Most patients receive no appropriate treatment - many are stigmatized with prejudice and exclusion. This leads to serious psychological, physical, social and economic damage.

At least 20% -30% of patients in developing countries, who visit primary care facilities, suffer from one or more neuropsychiatric disorders. Particularly important are chronic illnesses such as: depression, substance dependence, schizophrenia, epilepsy and dementia.

This symposium intends to give an overview of neuropsychiatric disorders and their importance to developing countries. Reports from Africa and Asia will illustrate various aspects of the problem.

Mental Health Services should not be a privilege in rich countries, but mental health also in developing countries is of enormous importance both for the individual and for the development of entire regions.

You are cordially invited to participate in the International Symposium “Mental Health in Developing Countries”

Dr. Wolfgang Krahl  
Chairman, i.nez

### Saturday, 4.12.2010

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|--------------------|---|-------------------|--|
| 9.00 - 9.15        | <b>Welcome and introduction</b><br>M. Siebeck / W. Krahl  | 14.30 - 15.00     | <b>Community based rehabilitation of street children in Ethiopia</b><br>G. Rieder, Traunstein          |
| <b>Session I</b>   | <b>Chair:</b> H.J. Diesfeld, Starnberg  | 15.00 - 15.30     | <i>Coffee break</i>  |
| 9.15 - 9.45        | <b>Why is a surgeon getting involved in mental health in Ethiopia?</b><br>M. Siebeck, Munich  | <b>Session IV</b> | <b>Chair:</b> M. Siebeck, Munich   |
| 9.45 - 10.15       | <b>Mental health in developing countries</b><br>W. Krahl, Munich  | 15.30 - 16.00     | <b>Epilepsy in Africa</b><br>G. Escheu, Kaufbeuren   |
| 10.15 - 10.45      | <b>The WHO model list of essential medicines - Can psychiatric patients be treated well with the drugs listed</b><br>M. Dose, Taufkirchen | 16.00 - 16.30     | <b>Cysticercosis: A growing threat in Africa - Implications on mental health</b><br>A. Winkler, Munich |
| 10.45 - 11.00      | <i>Coffee break</i>   | 16.30 - 17.00     | <b>Vimbuza - Ritual healing in Malawi (Film)</b><br>R. Pöschl, Göttingen                               |
| <b>Session II</b>  | <b>Chair:</b> W. Krahl, Munich  |                   | Closing remarks  |
| 11.00 - 11.30      | <b>Psychiatric rehabilitation in rural India</b><br>T. Murali, Tumkur/India   |                   |  |
| 11.30 - 12.00      | <b>Psychological problems of employees in an Indian IT industry</b><br>B. Amruthraj, Bangalore/India                                      |                   |  |
| 12.00 - 12.30      | <b>Ayurvedic treatment of mental disorders in Kerala</b><br>C. Lang, Munich   |                   |  |
| 12.30 - 13.30      | <i>Lunch break</i>  |                   |  |
| <b>Session III</b> | <b>Chair:</b> N. Müller, Munich   |                   |  |
| 13.30 - 14.00      | <b>Personal experiences: Teaching psychiatry in Ethiopia</b><br>A. Jobst, Munich  |                   |  |
| 14.00 - 14.30      | <b>I have dreams: How to develop psychiatric services in Ethiopia</b><br>M. Tesfaye, Jimma/Ethiopia                                       |                   |  |